



## CNO Approves Physical Fitness Uniform

Adm. Mike Mullen, Chief of Naval Operations, approved the first Navy physical fitness uniform for all Sailors E-1 through O-10.

The uniform consists of a gold short sleeved shirt and Navy blue shorts. The shirt is moisture wicking and odor resistant polyester with Navy in reflective lettering on back and front.

The nylon moisture wicking and odor resistant Navy blue shorts come in six and eight inch lengths, providing standard appearance among different height Sailors, it also has reflective piping and reflective Navy lettering. The shorts have side pockets with a hidden ID card pocket inside the waistband.

Upon delivery to the fleet, anticipated to be spring 2008, all command directed physical training and semi-annual physical fitness tests will be performed while wearing the PT uniform. However, the uniform does not have to be worn during individual exercise.

Uniform availability at uniform centers and command uniform distribution activities will be phased in beginning with major Fleet concentration areas in spring 2008. Reserve enlisted will be issued uniforms by their commands.

Sailors' clothing replacement allowance will be adjusted starting October 1, 2007 to allow for the purchase of two sets of short sleeve shirts and shorts.

For more news from Chief of Naval Personnel, visit [www.news.navy.mil/local/cnp/](http://www.news.navy.mil/local/cnp/).

